



VILLAGE  
CHURCH

Presbyterian (USA)

1949

CELEBRATING  
75 YEARS OF  
FAITH FORMATION

2024



VILLAGE U

*For Church & Community*

Spring 2024 Course Catalog

Register online at [shop.villagepres.org](http://shop.villagepres.org)



# VILLAGE CHURCH

Adult Faith Formation

Village Presbyterian Church Mission Campus  
6641 Mission Road  
Prairie Village, KS 66208  
913-262-4200

Receptionist desk hours:  
8:30 a.m.-4:30 p.m. Monday-Friday

The Spring 2024 Village U catalog is a wide umbrella encompassing our adult learning opportunities in one easy-to-find location. Village Presbyterian Church is a learning community with a long-standing commitment to providing opportunities for adults of all ages to grow in knowledge and faith together. Please join us!

Register for Village U classes online at [villagepres.org/village-u-community-classes](https://villagepres.org/village-u-community-classes).  
Registration begins at 9 a.m. on Monday, Jan. 8.

For all general questions regarding Village U classes, please contact Hillary Mackowski at [hillary.mackowski@villagepres.org](mailto:hillary.mackowski@villagepres.org) or 913-671-2341.

## Wednesday Family Dinners

You are invited to take a night off from cooking each week and join us for Wednesday family dinners. Our meals are prepared fresh each week by our Chef Andrea Bradley. Please order meals online at [villagepres.org/wednesday-family-dinners](https://villagepres.org/wednesday-family-dinners).

Cost is \$9 for adults and \$4 for children ages 5-11 (ages 4 and under eat free). Meals will be served from 5-6 p.m. in Friendship Hall at Mission Campus. Make reservations by noon on the Monday prior. Dinners resume Wednesday, Jan. 17.

Registration for Village U Classes and registration for Wednesday Family Dinners are separate. To register for Wednesday Family Dinners, visit [villagepres.org/wednesday-family-dinners](https://villagepres.org/wednesday-family-dinners).

## Child Care

Child care is offered for infants aged 8 weeks through pre-K children (daytime) and infants aged 8 weeks through elementary-age children (evenings). For applicable Village U classes, there is a one-time fee of \$60 per child for the semester, unless otherwise indicated. There is a required minimum of four children for child care to be offered.

Reservations are required in advance. Our trained caregivers provide a safe and loving environment while your children enjoy making new friends and participating in fun, creative activities. Child care is available on a first-come, first-served basis. If child care was requested

and is unavailable for any of your class choices, you will receive a separate email notification.

Please remember to call and cancel your child(ren)'s reservation if you are unable to attend a class. Contact Sandra, director of child care, at 913-671-2322 or email [sandra.stephens@villagepres.org](mailto:sandra.stephens@villagepres.org).

**Please note:** To accommodate as many families as possible, children are placed in classes based on their birth date. Therefore, we do not take requests for classroom placement. Thank you for your understanding. Class size limits are based on instructor planning, room size and child care availability.

To register for child care for a Village U class, visit [bit.ly/VPCChildcare](https://bit.ly/VPCChildcare).

## Adult Sunday Morning Classes

Registration is not required for Adult Sunday Morning Classes. Please come, grow and enjoy fellowship.

Classes will begin on Sunday, Jan. 21.  
Most classes end on May 19.

### Village Forum

**9:30-10:30 a.m., Rooms 126/127, Mission Campus**

Village Forum is an ongoing Sunday morning class where participants share ideas and views on theological, social, spiritual and historical topics. Classes are led by class members, outside speakers and Village staff. We enjoy growing together through discussion, social events and the women's book club. Topics for 2024 include a "Restoration Bible Study" video series from NEXT Church, a 75th anniversary celebration and a Lenten study based on the video series "Entering The Passion of Jesus" by Amy-Jill Levine and "The Last Week" by Marcus Borg and John Domine Crossan. Facilitated by Jim Gibson and Rev. Jay McKell.

### The Faith Journey

**10:10-10:50 a.m., Room 124, Mission Campus**

The Faith Journey class welcomes adults of all ages as we share our respective journeys through book studies, guest speakers and videos to explore new perspectives and examine our own beliefs on a variety of topics including contemporary issues, theology and Bible studies. Facilitated by Kathy Ray.

## Sunday Morning Classes

**10:45-11:30 a.m., lower level multipurpose room, Antioch Campus**

Rev. Anna Owens facilitates several short series on different topics.

- **Jan. 21** – History of Village Church's Social Witness
- **Feb. 18** (10:45 a.m.-noon) – Lent Workshop
- **Feb. 25-March 17** – A Complex Faith
- **April 21-May 12** – Women of the Early Church

### Foundations of Faith

**11 a.m. via Zoom**

Combining archeology, science and art into studies into the foundation of our faith, Rev. Dwight Tawney leads the class on through time. We are tackling the ways physical words on clay tablets, carved stone and the printed word influence what we believe. The class meets at 11 a.m. on Zoom. Facilitated by Diann Markley.



# Village U Spring 2024 Catalog Listings

## Class Codes

AL	Art & Leisure
CF	Children & Family
CL	Christian Life
EN	Environment
HW	Health & Wellness
IN	Informational
LS	Life Skills
LT	Literature
ME	Mission & Engagement



## Art & Leisure

### AL.001

#### Boomerangs

Judy Bliss

10 a.m.-noon Tuesdays, year-round

Room 307

The Boomerangs welcome women to join them in fellowship and fun as they work on a range of projects from knitting, rug hooking and needle pointing to balancing a checkbook. This group is designed for Baby Boomers and older. Email [jbbliss53@aol.com](mailto:jbbliss53@aol.com) for more information.

### AL.002

#### The Pointer Sisters (Needlepoint)

Janice Gill

9:30-11:30 a.m. Wednesdays, year-round

Room 132

Learn basic stitches and peruse materials that will enable you to make beautiful and creative projects for you and your family. Sewing and fellowship will be top priorities. For more information, email [janice.gill@villagepres.org](mailto:janice.gill@villagepres.org).

### AL.003

#### Continuing Watercolor

Ed Harper & Bill Yates

1-3 p.m. Wednesdays, Jan. 17-May 15

Rooms 232/233

This class has been "continuing" for a long time, but new people are always welcome. No expertise is needed. The instructor will present the subject and provide a line drawing of the outline of the subject for participants to transfer to their paper. A finished copy, or stages of the painting and the final copy, will be provided to participants to take home for reference. Each project will take two sessions, then a new project will begin. Child care is not provided. For more information, email [wyates66@gmail.com](mailto:wyates66@gmail.com).

### AL.004

#### Blue Valley Quilters Guild

Ibby Rollert

9 a.m. First Tuesday each month

Fellowship Hall, Antioch Campus

The Blue Valley Quilters Guild meets on the first Tuesday of the month in the Fellowship Hall at the Antioch Campus to hear speakers, learn techniques, plan programs, among many other

things. There is a \$10 visitors' fee at the door, and a membership enrollment form can be found at [bvqg.org](http://bvqg.org).

## AL.005

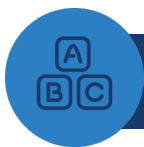
### Pysanky Egg Decorating

Perri Ginder & Kim Higgins

1-3 p.m. Tuesdays, March 5, 12 and 19

Room 232

Join us as we explore the Ukrainian tradition of egg decorating, just in time for Easter! For more information, email [kimb.higgins@gmail.com](mailto:kimb.higgins@gmail.com).



## Children & Family

## CF.001

### Monday Handworks

Child Care department

9:30-11:30 a.m. Mondays, Jan. 22-May 13

Room 127 and Village Cup

Enjoy community and fellowship while your children enjoy making new friends and participating in fun, creative activities in a wonderful child care setting. Class will not meet on Feb. 19, March 11, April 1 & 15. Child care reservations required; must register for each child separately. May only register for one Handworks class per semester. Class fee is \$60 per semester per child. Register at [bit.ly/VPCChildcare](http://bit.ly/VPCChildcare). Contact [sandra.stephens@villagepres.org](mailto:sandra.stephens@villagepres.org) with questions.

## CF.002

## Monday Walk/Jog

Child Care department

9:30-11:30 a.m. Mondays, Jan. 22-May 13

Drop off in nursery

Enjoy a child-free walk or run in the neighborhoods surrounding the church. Please stay within walking or running distance of the building. Class will still gather on days with inclement weather unless the Shawnee Mission School District cancels school. Class will not meet on Feb. 19, March 11, April 1 & 15. Child care reservations required; must register for each child separately. Class fee is \$60 per semester per child. Register at [bit.ly/VPCChildcare](http://bit.ly/VPCChildcare). Contact [sandra.stephens@villagepres.org](mailto:sandra.stephens@villagepres.org) with questions.

## CF.102

### Monday Gentle Yoga for Inner Peace

Child Care department

10:15-11:15 a.m. Mondays, Jan. 22-May 13

Drop off in nursery

Room 333

Simple and accessible, yet powerful practices to help find inner peace. This class features breath-centered movements adapted for all levels of participation. Each class includes movements/postures, breathing exercises and meditation woven together for an integrated experience. Class will not meet on March 11 or 18 & April 1 & 15. Child care reservations required; must register for each child separately. Class fee is \$60 per semester per child. Register at [bit.ly/VPCChildcare](http://bit.ly/VPCChildcare). Contact [sandra.stephens@villagepres.org](mailto:sandra.stephens@villagepres.org) with questions.

## CF.003

## Work from Village - Monday

Child Care department

9:30-11:30 a.m. Mondays, Jan. 22-May 13

Room 127

Are you working from home and could benefit from child care for a few hours? Come, find a space in Village to work in peace while your children will enjoy making new friends and participating in fun, creative activities in a wonderful child care environment. Class will not meet on Feb. 19, March 11, April 1 & 15. Child care reservations required; must register for each child separately. Class fee is \$60 per semester per child. Register at [bit.ly/VPCChildcare](http://bit.ly/VPCChildcare). Contact [sandra.stephens@villagepres.org](mailto:sandra.stephens@villagepres.org) with questions.

## CF.004

### Parents' Night Out

Child Care department

5:30-7:30 p.m. Tuesdays, Jan. 23, Feb. 27, April 23

Drop off in nursery

Take a night out without your children. Your children will enjoy making new friends and participating in fun, creative activities in a wonderful child care environment. Must register for each date and each child separately. Child care reservations required; available for children ages 8 years old and younger. Class fee is \$20 per child (maximum of \$60 per family), per session. Must register for each child separately. Register at [bit.ly/VPCChildcare](http://bit.ly/VPCChildcare). Contact [sandra.stephens@villagepres.org](mailto:sandra.stephens@villagepres.org) with questions and if you need to register more than three children.

## CF.005

## Wednesday Handworks

Child Care department

9:30-11:30 a.m. Wednesdays, Jan. 17-May 15

Room 133 and Village Cup

Enjoy community and fellowship while your children enjoy making new friends and participating in fun, creative activities in a wonderful child care setting. Class will not meet on March 13. Child care reservations required; must register for each child separately. May only register for one Handworks class per semester. Class fee is \$60 per semester per child. Register at [bit.ly/VPCChildcare](http://bit.ly/VPCChildcare). Contact [sandra.stephens@villagepres.org](mailto:sandra.stephens@villagepres.org) with questions.

## CF.006

### Work from Village – Wednesday

Child Care department

9:30-11:30 a.m. Wednesdays, Jan. 17-May 15

Room 133

Are you working from home and could benefit from child care for a few hours? Come, find a space in Village to work in peace while your children will enjoy making new friends and participating in fun, creative activities in a wonderful child care environment. Class will not meet on March 13. Child care reservations required; must register for each child separately. Class fee is \$60 per semester per child. Register at [bit.ly/VPCChildcare](http://bit.ly/VPCChildcare). Contact [sandra.stephens@villagepres.org](mailto:sandra.stephens@villagepres.org) with questions.

## CF.007

## Friday Parent Break

Child Care department

9:30-11:45 a.m. Fridays, Jan. 19-May 17

Drop off in nursery

Needing to run some errands, or perhaps just have a few hours to yourself? Take advantage of our Parent Break time! You will be able to bring your child(ren) to our child care department, then leave the Village property from 9:30-11:45 a.m. Your child(ren) will enjoy making new friends and participating in fun, creative activities in a wonderful child care setting. Child care reservations are required; must register for each child separately. Class will not meet on Feb. 9, March 8, 15 & April 12. Class fee is \$75 per semester per child. Register at [bit.ly/VPCChildcare](http://bit.ly/VPCChildcare). Contact [sandra.stephens@villagepres.org](mailto:sandra.stephens@villagepres.org) with questions.



Christian Life

### CL.001

#### Fellowship of Christian Athletes Bible Study

Newton Graves and Guy Clark

7:30-8:30 a.m. Wednesdays, year-round

Room 228 (Friendship Hall East)

A group of members and non-members meet weekly. Child care is not available. For more information, please call Reggie Marselus at 913-302-2576 or Guy Clark at 816-365-5510.

### CL.002

## Especially for Women

Rev. Diane Quaintance

Retired pastor of Village Church

9:30-11 a.m. Fridays, Jan. 5-May 31

Room 126

Especially for Women is a diverse group of women of faith seeking to continue their journey by wrestling together with new and old ideas. We meet on Friday mornings to read, learn, laugh, talk and stretch our faith. "Always a Guest" by Barbar Brown Taylor will be our guide in January and February. For more information, call Rev. Diane Quaintance at 913-850-8647.

### CL.003

#### Think About These Things:

#### Joyful Gifts from the Letter to the Philippians

Rev. Chad Herring

Interim senior associate pastor

6:30-8 p.m. Wednesdays, Jan. 24, 31, Feb. 7, 21

Rooms 132/133

As one of the Apostle Paul's most beloved writings, the Letter to the Philippians offers important foundations for faithful living. Here we find lessons for how to live in deep community with one another, encouragement to rejoice through prayer and thoughtful engagement with the world, and instruction on how to imitate Jesus Christ's generous and selfless love. This is both a very practical letter—where Paul is working through concrete issues that the Philippians were facing—and a soaring exploration of how to live a loving, faithful, trusting and grounded Christian life. We, too, will seek to connect our concrete 21<sup>st</sup> century lives to these joyful themes. As we read through Philippians, participants will also explore an



introduction to critical biblical study, looking at the form and structure of letter writing in the ancient world, and what we can learn about the "details and circumstances" of our text.

#### **CL.004**

### **Bridge Building Toward a Flourishing Life for All: Deepening Solidarity in the Quest for Social and Racial Justice**

Rev. Dr. Vernon Percy Howard, Jr., pastor  
St. Mark's Church, Kansas City, Missouri  
6:30-7:45 p.m. Wednesdays, Jan. 24, 31, Feb. 7, 21  
Rooms 232/233

Does our faith in Jesus Christ have a role in the quest for social and racial justice? Can the church build bridges and deepen solidarity around crises such as poverty, violence, and equal rights for all? And if so, how do we do it? These questions are explored while examining the theological lenses and Biblical interpretive conclusions which shape our Christian witness and guide us in attempting to partner with God in creating a flourishing life for all.

#### **CL.005**

### **"Elusive Grace, Loving your Enemies While Striving for God's Justice" – Scott Black Johnson Book Study**

Rev. Chad Herring  
Interim senior associate pastor  
10:10-10:50 a.m., Sundays, Jan. 28, Feb. 11 and 18  
Heritage Dining Room

Meneilly Visiting Scholar Scott Black Johnson book study will prepare our hearts for his visit March 9-10. The study will follow the three parts to the book "Reclaiming Virtue, Retraining Our Hearts, and Regarding the Church." Get the most

out of each class through reading each section prior or join us for a lively summary discussion facilitated by Rev. Chad Herring. Don't miss it!

Rev. Scott Black Johnson is the senior pastor of Fifth Avenue Presbyterian Church in New York City.

#### **CL.006**

### **Men's Breakfast and Bible with Rodger Nishioka**

Rev. Dr. Rodger Nishioka, senior pastor  
8-9 a.m. Tuesdays, Feb. 6-March 26  
Friendship Hall

Start your day off being fed in body and soul. Chef Andrea Bradley will prepare a hot breakfast then Rev. Rodger Nishioka will lead a study on significant men in the Bible. Conversation is encouraged. Invite a friend and join the fellowship on Tuesday mornings. To make a reservation for breakfast, please register online. Cost: \$7. Pay in person. Child care is not available.

#### **CL.007**

### **How to Read, Understand, and Interpret the Bible**

Biagio Mazza, pastoral associate  
St. Sabina Parish, Belton, Missouri  
6:30-8:30 p.m. Mondays, Feb. 26, March 4, 11, & 18  
Room 233

These sessions explore the history, culture, politics, literary styles, context and origins that are integral components of all biblical texts. Knowing and engaging with these components of the biblical world and text aids participants in acquiring a more informed way of

reading, understanding and interpreting Scripture. Tools and methodologies that facilitate a more informed reading of the texts are presented, along with a process that can be used with any text, leading to a more in-depth understanding of any passage. All faith traditions are most welcome.

## **CL.008**

### **A Complex Faith**

Rev. Anna Owens, Antioch Campus site pastor  
6:30-8 p.m. Wednesdays, Feb. 28, March 6, 13, 20  
Room 132

The Presbyterian Church and the Sins of Our Nation. Join Rev. Anna Owens for a class discussing topics kicked off by visiting scholar, the Rev. Dr. William Yoo and his book "What Kind of Christianity."

## **CL.009**

### **"Caste: The Origins of Our Discontents" Book Study Groups**

Study group one: Rev. Chad Herring  
Interim senior associate pastor  
10-11:30 a.m. Tuesdays, April 2, 9, 16, 23, 30  
Room 132

Study group two: Jim Marshall  
6:30-8 p.m. Thursday, April 4, 11, 18, 25, May 2  
Room 127

Village Church is engaging in a lively conversation about race, community and equity, and asking how we can be agents for building God's beloved community. Join us for a vibrant and insightful five-week conversation about "Caste: The Origins of our Discontents" by Pulitzer Prize winning author Isabel Wilkerson. "Caste" is the recipient of the Los Angeles

Times Book Prize, the Goodreads Choice Award and was one of Oprah's Book Club selections in 2020. In this class, we'll explore how and why human beings manufacture labels and categories for groups of people called castes, and how castes become powerful forces in our lives and in our society. Understanding modern day caste thinking helps us look to dismantle artificial barriers to God's desired community, where all are welcomed, cherished and loved.

## **CL.010**

### **Big Theological Words Explained: What Does That Jargon Mean, and Does Any of it Matter?**

Rev. Chad Herring  
Interim senior associate pastor  
6:30-8 p.m. Wednesdays, April 3, 10, 17 and 24  
Room 132/133

To be a Christian in the 21<sup>st</sup> century means juggling our modern lives within a faith tradition that feels at once ancient and contemporary. We often want to learn more about our theological heritage and why it might be life giving and useful for us, today. So, we go searching a bit. When we do, it can often feel frustrating and time-consuming to engage the headier parts of our faith, particularly when we find such obtuse, inaccessible, sesquipedalian words (that last one literally means "foot-and-a-half long") there. Perichoresis? Koinonia? Eschatological? Agape? What in the world do words like those even mean, and why should we invest our time and our energy in trying to engage them? In this class, we'll work on translating some of these "big theological words" into language that we can use, and explore together a bit about God,

community, our purpose and our hope. No thesaurus required!

## CL.011

### **Miracles in the Bible: Signs of God's Presence and Power**

Rev. Dr. Rodger Nishioka, senior pastor  
6:30-8 p.m. Wednesdays, May 1, 8, 15  
Rooms 132/133

In the Gospel of Luke, when Jesus is asked if he is indeed the Messiah, he replies, "The blind receive their sight, the lame walk, the lepers are cleansed, the deaf hear, the dead are raised, and the poor have good news brought to them." For Jesus, proof of his identity comes through the miracles he performed. So, what do we make of the miracles and wonders and signs in the Bible? How do we as modern thinkers equipped with our scientific knowledge understand miracles? Together, we will explore miracles in the Old and New Testament and better understand what they meant then and what they mean to us now.



## **William Jewell College's Center for Faith and Culture Spring 2024 Class Schedule**

William Jewell College in Liberty, Missouri has inaugurated a new Center for Faith & Culture. As one component of the Center's ministry, the college is partnering with five congregations throughout the Kansas City metro area, including Village Church, to offer a variety of classes among their five campuses. **To register for the William Jewell Center for Faith & Culture classes listed below, go to [bit.ly/jewellclasses](https://bit.ly/jewellclasses) and enter the coupon code: Village.** These classes are free to members of our congregation by using the coupon code.

### **Shakespeare, Religious Identity, and Human Flourishing: The Merchant of Venice**

Dr. Sara Morrison, professor of English  
William Jewell College  
6:30-7:45 p.m. Jan. 17, 24, 31, Feb. 7  
Grace and Holy Trinity Cathedral, Kansas City, Missouri

In the early modern period, drama, travel literature and international

commerce introduced England to the Mediterranean world not only through firsthand contact with but also more broadly through representations of different cultures and religions. Shakespeare's "The Merchant of Venice," which is set in a major European port city, features a cosmopolitan cast of characters whose personal, religious, and mercantile interests overlap. In this course, we will read Shakespeare's play and watch clips from film adaptations to investigate the ways in which they characterize Christians, Jews and Moors, taking into consideration historical context and the cultural significance of theater on ideas about religious identity and human flourishing. Reading the play will enrich participants' experience in the course.

### **Accounting, Personal Finance, and the Good Life**

Dr. Chris McCullick, CPA  
Associate professor of accounting  
William Jewell College  
6:30-7:45 p.m. Jan. 25, Feb. 1, 8, 15  
Second Baptist Church, Liberty, Missouri

What is accounting and how might it relate to the concept of a good life? This class will explore, in a Christian context, topics such as accounting, personal finance, budgeting and a life of flourishing. Within that exploration, participants will consider how the application of accounting and personal finance can not only deepen one's faith but also tell us about our faith.

### **Good Country People: The Importance of Religion in Southern Gothic Literature**

Rev. Charles Smith  
Associate pastor of student ministries  
Second Baptist Church, Liberty, Missouri  
7-8:15 p.m. Jan. 22, 29, Feb. 5, 12  
Country Club Christian Church  
Kansas City, Missouri

Religion played a key role in the culture of the American South in the early to mid-part of the 20th century. It is a central theme of Southern Gothic fiction of that period. This course will examine the ways Southern Gothic writers employ facets of religion as principal motifs in their narratives. We will study a diverse selection of writings from critically acclaimed authors in this genre, exploring the ways in which religious and spiritual experiences in the text influence character development, drive the narrative of the story and expand the reader's view of cultural settings.

### **Requiem Aeternam: A Journey to the Afterlife from Three Centuries**

Dr. Ian Coleman, professor of music  
William Jewell College  
6:30-7:45 p.m. Feb. 21, 28, March 6, 13  
Community Christian Church  
Kansas City, Missouri

The Requiem Mass is the traditional text used in the Roman Catholic church for the burial of the dead. The text in its full form swings from a plea for mercy to depictions of fire and damnation to final resignation and peace. There are hundreds of settings of this text from simple plainchant to full orchestrations and massed choirs. We'll



examine the text then focus on the Mozart setting, the serene and reflective Faure setting, and finally the innovative if slightly controversial Britten "War Requiem." Each of these has something unique to say about how we understand death and the afterlife certainly, but also are deeply reflective of the human experience.

## Spiritual Intelligence

Rev. Carla Aday, senior minister  
Country Club Christian Church  
7-8:15 p.m. April 1, 8, 15, 22  
Country Club Christian Church  
Kansas City, Missouri

In an age of artificial intelligence and Wikipedia, we seek wisdom and truth through facts and information. Simultaneously we notice the frailty of emotional health in the American landscape. Our culture teaches us to bridle anger and apologize for tears, and faith gets reduced to a set of beliefs. But what if the spiritual journey awakens the soul so that we are empowered to deepen and express emotions, passions, and feelings? We will reflect on scriptural stories, theological texts, literature, artistic expressions and spiritual practices that can lead us to a more holistic faith. This course will invite us to reclaim the mystical aspect of the Christian tradition that is often lost among mainline Protestants.



## Environment

### EN.001

#### Climate Change: What Will Happen?

Chick Keller  
7-8:30 p.m. Monday, March 25  
Room 132

Climate change is real and impacts from climate change are emerging. Despite the many efforts under way, we are not winning the battle to save the planet. Our way of life is threatened; the choices we make now are important. The class will highlight current and potential future impacts to thwart climate change, discuss alternative actions we might take and what might happen.



## Health & Wellness

### HW.001-005

#### Adult Exercise

Margaret Tlappek  
9-10 a.m., Room 333

Classes include aerobics to strengthen the heart, lungs and bone density, balance exercises to improve and maintain balance, and stretching and flexibility exercises to maintain and improve range of motion. The class is a comprehensive workout that helps with energy, strength and overall better health. Child care is not available. For more information, call Margaret at 913-710-4681. Cost: \$5 per class. Pay in person. Use the

class codes below when registering to indicate the day of the week you would like to attend.

- HW.001**      **Monday Adult Exercise**
- HW.002**      **Tuesday Adult Exercise**
- HW.003**      **Wednesday Adult Exercise**
- HW.004**      **Thursday Adult Exercise**
- HW.005**      **Friday Adult Exercise**

## **HW.006**

### **Beginner Hula Hooping & Hoop Dancing Fitness Class**

Sirena Beyer

5:45-6:45 p.m. Tuesdays and Thursdays

Room 333

Can't hoop? Haven't hooped since you were a kid? Then you will fit right in! If you're tired of boring workouts, then come have fun while burning big calories! This upbeat fitness class offers a total body workout, is low impact, strengthens the core and is ideal for cardio. It enhances speed and agility, hand-to-eye coordination and improves balance. Most of all, it is fun! Classes include a stretch, a warm-up and basic hula hooping instruction to popular music, easy hoop dancing routines, fun games and challenges. Everyone works at their own pace. Custom beginner slow spinning hula hoops are included. Kids are welcome if accompanied by an adult. Child care is not available. For more information, email [kchoopgirl@gmail.com](mailto:kchoopgirl@gmail.com) or call 816-591-5186.

## **HW.007**

### **Eccentrics – Apprentice Exercise Class**

Elizabeth Doyle

10:15-11:15 a.m. Tuesdays and Thursdays

Room 333

Eccentrics is perfect for all fitness levels. This program rebalances the body, unlocks tight joints and increases flexibility and mobility, develops strong lean muscles and improves posture through a fluid combination of strengthening and stretching. This equipment-free workout leaves you feeling energized and healthy. Child care is not available. For more information, call Elizabeth at 913-484-6869. Cost: \$5 per class. Pay in person.

## **HW.008**

### **Intro to Tai Chi Fundamentals**

Kimberly Bland

5-5:45 p.m. Wednesdays, Jan. 31-May 15

Room 232/233

This beginner level course presents Tai Chi as a low-impact exercise program for enhancing body alignment, balance, coordination, mind-body awareness, and mindfulness. The session covers Tai Chi principles, teaching of the Tai Chi Fundamentals form (progression of 16 movements), and an introduction to mind-body skills training. Standing and seated versions can be taught. No prior Tai Chi experience is necessary; however, instruction of the Tai Chi Fundamentals form is progressive, so participants are strongly encouraged to attend all or most classes. No class Feb. 21, March 27 or April 3. Cost: \$100 for 12 total classes. Must register online and pay in advance. Registration is non-refundable after Feb. 28. Child care is not available. For more information, contact Kimberly Bland at [sparrowtaichi@gmail.com](mailto:sparrowtaichi@gmail.com).

## HW.009

### Tai Chi Fundamentals

Kimberly Bland

5-5:45 p.m. Mondays, Jan. 29-May 6

Room 232

This intermediate/advanced class focuses on refinement of the Tai Chi Fundamentals form, a deeper understanding of Tai Chi principles, further development of mind-body skills and other Tai Chi topics of interest. Prerequisite: Intro to Tai Chi Fundamentals, or other Tai Chi experience to be discussed with instructor (contact instructor). No class Feb. 19, March 25 or April 1. Cost: \$100 for 12 total classes (must register online and pay in advance; registration is non-refundable after Feb. 28), or \$15 per class via cash, check or Venmo at the time of class. Child care is not available. For more information, contact Kimberly Bland at [sparrowtaichi@gmail.com](mailto:sparrowtaichi@gmail.com).

## HW.010

### Celebrate Mental Wellness

Prairie Sky Counseling Center Staff

6:30-8 p.m. Wednesdays, May 1 & 8

Room 230

May is Mental Health Awareness Month and a great time to explore how to take care of ourselves and those we love who may struggle with mental health challenges. Join us to explore best practices for self-care, reducing stigma and supportive communication strategies.



## Informational

## IN.001

### First Wednesdays Coffee & Conversation

Ginger Rothhaas, pastor, life coach and founder of Compassion Fix; facilitated by Brooke Brundige, children & family ministry director  
10-11 a.m. Wednesdays, Feb. 7, March 6, April 3 and May 1  
Rooms 307/309

Join us on the first Wednesday of each month as pastor, life coach and founder of Compassion Fix, Ginger Rothhaas, brings encouragement, support and tangible tools for perseverant, joyful, intentional living. Warm cups of joe will be provided as well. Child care is available free of charge. Must register for child care separately. Follow the blue child care signs from either the south or north entrances to find your way.



## Life Skills

## LS.001

### Beginning Spanish: Español Para Todos

Joni Kimsey

10:30-11:30 a.m. Mondays, year-round

Room 124

Need a place to brush up on your Spanish? Always wanted to learn but never had the time? Join us in Español para todos. We welcome

everyone from beginners to bilingual level speakers. There is something for everyone: conjugation of verbs, culture, simple stories, vocabulary and word order. Registration is necessary. Email [joni.kimsey@gmail.com](mailto:joni.kimsey@gmail.com) for more information. Child care is not provided.

## **LS.002**

### **Locating and Organizing Files, Folders and Pictures on an Apple Computer**

Dee Couch

1-2:30 p.m. Tuesday, March 12, and 10:15-11:45 a.m.

Saturday, March 16

Tillotson Building Conference Room, 9960

Mission Rd.

This class will explore how to manage your documents and pictures on an Apple computer. Topics include using proper naming conventions, Finder and Tags to easily locate information. There will also be a discussion of how to properly store documents and pictures in the Cloud. Registration is required. The same class will be held on both listed dates. Child care is not provided.

## **LS.003**

### **Introduction to Windows 11**

Dee Couch

1-2:30 p.m. Tuesday, March 19, and 10:15-11:45 a.m.

Saturday, March 23

Tillotson Building Conference Room, 9960

Mission Rd.

Explore the new features and upgrades that are found in Windows 11. Discussion will include differences between Windows 10 and Windows 11. In addition, keyboard shortcuts and widgets will be discussed. Registration is required. The

same class will be held on both listed dates. Child care is not provided.

## **LS.004**

### **Basic Apple Computer**

Dee Couch

1-2:30 p.m. Tuesday, April 23, and 10:15-11:45 a.m.

Saturday, April 27

Tillotson Building Conference Room, 9960

Mission Rd.

This class is designed for new users or those needing a basic overview of the features of an Apple computer. Topics covered include the creation of basic documents and spreadsheets. Registration is required. The same class will be held on both listed dates. Child care is not provided.

## **LS.005**

### **Windows Excel Tips and Tricks**

Dee Couch

1-2:30 p.m. Tuesday, April 30, and 10:15-11:45 a.m.

Saturday, May 4

Tillotson Building Conference Room, 9960

Mission Rd.

Excel is a very powerful program. Learn how to make your spreadsheets more efficient and dynamic. This class will discuss tips for sorting information, converting numbers into graphs and using functions to calculate data. Registration is required. The same class will be held on both listed dates. Child care is not provided.



## LS.006

### Intermediate Apple Computer

Dee Couch

1-2:30 p.m. Tuesday, May 7, and 10:15-11:45 a.m.

Saturday, May 11

Tillotson Building Conference Room, 9960  
Mission Rd.

This class is designed to explore some of the little-known features found in Notes and Numbers. Topics covered include combining multiple documents into one PDF file, document editing and using formulas to enhance spreadsheets. Registration is required. The same class will be held on both listed dates. Child care is not provided.

## LS.007

### Organizing Files and Folders in Windows Explorer

Dee Couch

1-2:30 p.m. Tuesday, May 21, and 10:15-11:45 a.m.

Saturday, May 25

Tillotson Building Conference Room, 9960  
Mission Rd.

This class will explore how to manage your documents and pictures in Windows 11. Topics include using the Search feature to easily locate information, creating files and folders to easily organize data, and how to navigate Windows Explorer. There will also be a discussion of how to use Windows Backup to properly store documents and pictures in the Cloud. Registration is required. The same class will be held on both listed dates. Child care is not provided.



## Literature

## LT.001

### Great Books Discussion

Jane Abildgaard & Joni Kimsey

2-3:30 p.m. First Tuesday of each month

Room 127

This is not your usual book club. We tackle classic and contemporary essays from a wide range of authors, from Plato to David Sedaris. We discuss, share ideas, laugh and enjoy friendship and fellowship. It's great exercise for our brains. The Great Books group is currently reading "50 Essays, A Portable Anthology" (third edition), by Samuel Cohen. This semester we'll be reading Dave Barry, Sojourner Truth, Susan Sontag and others. Join us on the first Tuesday afternoon of each month. Facilitators: Jane Abildgaard, [ja87869@gmail.com](mailto:ja87869@gmail.com), 816-392-9550, and Joni Kimsey, [joni.kimsey@gmail.com](mailto:joni.kimsey@gmail.com), 913-634-7904.



## Mission & Engagement

## ME.001

### Be The Church Sunday Morning Class Series

Village Church Mission Partners & Guests

10:10-10:50 a.m. First Sunday of each month

Feb.-June

Friendship Hall

One way that Village Church serves the broader community is to build bridges to the work of our Mission Partners: ministries and organizations that provide access to housing, food, education and services to our neighbors in need. Thanks to our robust mission giving and an active Mission Committee, we offer grand promotional support as well as volunteer opportunities to our Mission Partner organizations.

In this Sunday Morning Class series, you will learn about the work from some of our Mission Partners. They will teach us about the most pressing issues facing the underserved in our community, introduce us to how they address these injustices and share how we can support their work. Will you BE THE CHURCH with us?

**Feb. 4:** CASA – Child Abuse Advocacy

**March 3:** Habitat KC – Pathways to homeownership for low-income families

**April 7:** Hope House – shelter and resources for survivors of domestic violence

**May 5:** Kanbe’s Markets – access to healthy food for low-income neighborhoods

**June 2:** Hillcrest Transitional Housing – housing and resources for houseless individuals and families

## More adult opportunities

There are many more opportunities for adults to learn and grow in faith through Village Presbyterian Church.

Wondering about the myriad of music groups, choirs and ensembles and events?  
[villagepres.org/music-ensembles](https://villagepres.org/music-ensembles)

Seeking to participate in ministry with Presbyterian Women? [villagepres.org/pw](https://villagepres.org/pw)

Hoping to be involved in issues of social justice and action for God’s Kingdom? The Social Justice Ministry might be right for you.  
[villagepres.org/social-justice](https://villagepres.org/social-justice)

Yearning to be a part of a smaller group of adults for study and friendship? Seek out the Village Connect small group ministries.  
[villagepres.org/village-connect](https://villagepres.org/village-connect)